

# Academic Accommodation Advising -Bridge the Gap-

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Students who experience disability related barriers in the learning environment and who utilize academic accommodations in high school, often find the transition from secondary school to a post-secondary learning environment both challenging and stressful. While post-secondary institutions have a duty to accommodate, students also have responsibilities to initiate and be involved in the academic accommodation process. Accessing academic accommodations and support at the post-secondary level is significantly different to the way in which

students receive their academic accommodations and support in high school. One of the key differences is that in the post-secondary landscape, the student plays a key role as a self-advocate. Many high school students with disabilities can feel especially overwhelmed by both the transition to post-secondary itself, as well as to their new role as a self-advocate.

Academic Accommodation Advising – Bridge the Gap provides information, tools, and resources for both students and their families regarding this critical and demanding transition, through a series of three focused sessions detailed below. These one-hour sessions are private one on one (with the students and some with their support persons) advising sessions with "homework" being provided to be reviewed at the next session.

# **Session One** (with the student and their parents/supporters)

This meeting provides an overview of the academic accommodation process and the skills that are necessary for a successful transition to the post-secondary level. Information regarding documentation of disability requirements, frequently asked questions, and the possibility of some funding for students with disabilities will all be reviewed.

# Session Two (with the student)

This session provides the student with tools to develop the self-advocacy communication skills required to discuss their recommended academic accommodations with their professors.

## **Session Three** (with the student)

In this session the student practices discussing their academic accommodations with their professors by application of communication strategies. This session will also review the work undertaken in the previous session with an emphasis on particular questions or concerns the student may have regarding the transition from grade twelve to post-secondary with respect to navigating the academic accommodation process.

#### **Session Schedule:**

All three sessions will be booked in advance, with a two-week gap between sessions two and three, either by phone or email. All sessions will be in person and a fee for service agreement will be reviewed and signed prior to the first session.

I will provide all the materials and relevant handouts

#### Fees:

Three one-hour advising sessions are \$375.00 (plus GST of \$18.75), in total, payable on or before the first session by cash, cheque or e-transfer.

### Location:

#230, 1122 4th Street SW, Calgary AB T2R1M1

#### ANA PARDO Ph.D.

Dr. Pardo has spent the last thirty years of her career examining disability, diversity, and equity issues. She has also had the opportunity to work with post-secondary students by teaching at both the undergraduate and graduate levels in the areas of equity, diversity, and inclusion. Most recently, she has been the Director of Access and Inclusion Services at Mount Royal University and was previously the Director of Accessibility Services at the University of Calgary.

To schedule sessions please email academicaccomm.bridgethegap@gmail.com or phone 403 561-6350